



We build strong kids, strong families, strong communities.

CORTLAND COUNTY FAMILY YMCA

100% Pure

Yoga

Fridays nights from 6:00-7:15 PM



Cortland's Renowned Yoga Instructor Angela Perry begins another session of Sivananda yoga. The class is designed for all levels of yoga practitioners.

Members: \$8 per class; \$40.00 for 6 classes

Non-members \$12 per class -\$60.00 for 6 classes

(Non-member fee includes the use of the facility for that class day)

*** Come as a couple and receive 15% off each fee!**

**CORTLAND COUNTY FAMILY YMCA
22 Tompkins Street
Cortland, New York 13045
607-756-2893**

