

AQUATICS

We build strong kids, strong families, strong communities.

Cortland County Family YMCA 2010 Swimming Lessons

Sessions	Dates
Five	March 22- April 30 (no classes week of 4/19/10)
Six	May 3- June 11

Progressive Group Swim Lessons for all swimming levels!
Starting at 5 years old!

Now offering classes every TUESDAY AND THURSDAY



CLASS TIMES :

- Beginner 3:30- 4:00 p.m.
- Intermediate 4:00- 4:30 p.m.
- Advanced 4:30-5:00 p.m.

**Goggles
recommended
\$5 at YMCA**

RATES for current 5-WEEK SESSION:

Members: \$35 (ONLY \$3.50 A CLASS!)

Non-Members: \$45

Weekday Swim Lessons meet twice per week for a total of 10 classes.

Preschool Aquatics! Ages 3 and 4
3:00-3:30 PM Tuesday and Thursdays
Above rates apply.

*****Private Lessons are available for anyone interested. Private lessons are one-on-one with a time worked out with the swimmer and instructor.*****

Cost: \$ 14.00 per half-hour

CORTLAND COUNTY FAMILY YMCA
22 Tompkins Street
Cortland, New York 13045
607-756-2893
www.cortlandymca.org

