



Cortland County Family YMCA

We build Strong Kids, Strong Families, Strong Communities

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CONTACT:

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For Immediate Release

Celtic Run finishes off Celtic Fest

CORTLAND—The Cortland County Family YMCA and Fidelis Care are teaming up for the fourth 5K Race of this year's Fidelis 6-pack, Sunday August 29 at 9:00 a.m. at Courthouse Park with this year's Celtic Run.

The flat road race will start and end at Courthouse Park on Church Street, with a water station and turn-around on East River Road. Full race route can be viewed online by visiting our website www.cortlandymca.org, and selecting the Fidelis 6-Pack link.

You can pre-register for the Celtic Run at the Cortland YMCA, 22 Tompkins Street until 4:00 p.m. Saturday, August 28, with race-day registration at Courthouse park at 8:00 a.m.

Proceeds from the Celtic Run benefit youth activities at the Cortland YMCA. T-shirts will be given to the first 75 registrants and prizes will be awarded for top finishers in each age class.

The Fidelis 6-pack is a series of 5K races around the Cortland area. Remaining races this year include:

- Pumpkin Run, Saturday October 2,
- Turkey Trot, Thursday November 25,

For more information, please contact the Cortland County Family YMCA at 607-756-2893, or visit us online at www.cortlandymca.org. Awards will be given at the end of the year for top performers. Participants who register for all 6 races get extra points when final results are made.

The Cortland County Family YMCA has been proudly serving Cortland and the surrounding community for the past 142 years.

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www.cortlandymca.org
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YMCA MISSION:
To put Christian
principles into practice
through programs that
build healthy body,
mind and spirit for all
