



Cortland County Family YMCA

**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Matthew Kemak
Cortland County Family YMCA
22 Tompkins Street
Cortland, New York 13045
(607) 756-2893

For Immediate Release

Last Chance for Knee High Basketball

CORTLAND—The Cortland YMCA's long-running Knee-High Basketball program returns this Saturday January 29 for boys and girls grades 1-4.

Knee High basketball will teach your child the basic fundamentals of basketball—a game invented by YMCA professionals! Participants will learn the game through hands-on station work which could lead to scrimmages between the age groups. First and Second graders will run from 8:15-9:15 a.m., with the third and fourth graders immediately following. There is a fee for the program.

Sign up now to reserve your child's space. Registrations will be accepted Saturday morning as well.

The Cortland County Family YMCA has been proudly serving the Cortland community for the past 143 years. Check us out online at www.cortlandymca.org.

###