



# Cortland County Family YMCA

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**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

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*For Immediate Release*

## **Martinez breezes past competition at Leaf Peeper Half**

CORTLAND-- The Cortland County Family YMCA and the Cortland Regional Sports Council teamed up Sunday Oct. 17, for the sixth annual Leaf Peeper Half Marathon.

Falling leaves and beautiful countryside greeted 199 registered runners and walkers as they embarked the 13.1 mile jaunt from Yaman Park, out Route 13, up East River road and back to Yaman.

Juan Martinez, 32, of Syracuse, posted the fastest time of the day, finishing at 1 hour 14 minutes and 47 seconds. Heather Clancy, 19, sprinted in for the fastest female time in 1 hour 36 minutes and 53 second posting. As overall winners, Martinez and Clancy both received Cortland YMCA hooded sweatshirts and a quart of maple syrup. All finishers received Leaf Peeper memorabilia as well as a fresh Cortland apple.

“It was amazing to see the amount of runners and walkers coming out for the half-marathon,” said Peggy Eck, Leaf Peeper Co-director about the 199 registrants --a Leaf Peeper record.

Eck also said that the YMCA is proud to have the top four finishers of this year’s race as past winners of previous Fidelis 6-Pack winners. “It goes to show how successful our

aces (Fidelis 6-Pack) have become and how excited everyone is to return to run in these events.”

Long sleeve T-shirts were given to the first 120 registered, and maple syrup was awarded to the top three finishers in each age group. There were also numerous door prizes provided by our Leaf Peeper sponsors: Cortland Regional Sports Council, Bernard’s Custom Logos, Fidelis, Contento’s Demolition, Borg Warner, Cortland Dry Cleaners, Service Master by Forker, Wal-Mart, DLH Properties, Royal Auto Complex, CAPCO Head Start, YMCA, Cortland Regional Medical Center, Cortland Health Center, Plan First Technologies, Marietta, Friendly’s, TOPS Friendly Markets, CFCU Federal Credit Union, Koch Container, JM Murray Center, Northern Safety and Industrial, Xpedx, O’Conner and Kruman, Greek Peak/Hope Lake Lodge and resorts, MacKenzie-Childs, Graph Tex and Fleet Feet Sports.

The YMCA would also like to give thanks to the numerous volunteers who made this event special.

Full results of the race are posted online at [www.cortlandymca.org](http://www.cortlandymca.org).

The YMCA hosts its last 5k run of the year, the annual Turkey Trot, slated for Thanksgiving morning, November 25 at 9:00 a.m. in front of the YMCA on Tompkins Street. The Turkey Trot finishes this year’s Fidelis 6-Pack Series. The Fidelis 6-pack is a series of 5K races around the Cortland area. A 1-mile fun run and 5k walk will also take place at the Turkey Trot so everyone can participate! Last year’s Turkey Trot had 488 participants and the YMCA is looking to top last year’s record numbers with over 500 runners predicted! The Turkey Trot is co-sponsored by the Cortland Salvation Army. All runners registering before Monday, November 15, will be guaranteed a commemorative long sleeve t-shirt.

We are also asking each runner to bring a canned good or any other non-perishable food item to be collected and given to the Salvation Army to help them and their food pantry during their very busy and needy holiday season. Please plan to be there!

For more information, please contact the Cortland County Family YMCA at 607-756-2893, or visit us online at [www.cortlandymca.org](http://www.cortlandymca.org).

The Cortland County Family YMCA has been proudly serving Cortland and the surrounding community for the past 142 years.

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[www.cortlandymca.org](http://www.cortlandymca.org)

**YMCA MISSION:**

To put Christian principles into practice through programs that build healthy body, mind and spirit for all

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