


YMCA POOL SCHEDULE

TIME	MON	TUES	WED	THURS	FRI	SAT	SUN					
5:30						Open at 6:00	Y Opens at 8:00AM					
6:00	Lap Swim Lanes 1-3 Water Walking Lane 4					Lap Swim 6-8 AM						
6:30												
7:00												
7:30						Stingers Swim Practice	Lap Swim 8-11 AM					
8:00												
8:30												
9:00						Pool Closed for Various Lessons	Open Swim 11:00am-3:30pm					
9:30												
10:00	Water Aerobics	Head Start	Water Aerobics	Head Start	Water Aerobics							
10:30						Open Swim 11:15AM-5:30PM	Synchro will take place at 2pm during open swim					
11:00	Lap Swim & Open Swim											
11:30												
12:00												
12:30	Pool Closed Daily 1:00-3:00PM					Watch for Birthday Parties!!	Y Closes at 4:00 PM					
1:00												
1:30												
2:00						Aqua Zumba 5:00-6:00pm	Y Closes at 6:00PM					
2:30												
3:00	Open	Open Swim 3:00-5:00	Open	Open Swim 3:00-5:00	Open Swim 3:00PM - 5:00 PM							
3:30	Swim Lessons 3:30-5:00		Swim Lessons 3:30-5:00									
4:00												
4:30						Open Swim 6:00PM - 9:00PM						
5:00	Open Swim 5:00-6:30	Stingers Swim Practice	Masters Lap Swim	Stingers Swim Practice								
5:30												
6:00												
6:30						Open Swim 6:00PM - 9:00PM						
7:00	Stingers Swim Practice	Open Swim 7:30-9:00	Stingers Swim Practice	Open Swim 7:30-9:00								
7:30												
8:00												
8:30						the 						
9:00												

WINTER 2012

Y Closes at 9:30

Pool Closes 30 minutes prior to YMCA Closing