



May 19, 2011

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*For Immediate Release*

## **Weeks blazes past record crowd on Mom's Day**

CORTLAND—Scott Weeks continues his prowess in the Fidelis 6-Pack Series, besting 258 runners and walkers registered for the Fidelis Care Mother's Day 5K race held Sunday at Yaman Park. Participants ran or walked the 3.1 mile course to raise money in memory of Kim Ryan Leonard.

Weeks, 39, ran in with an impressive 15 minutes 55 seconds, besting second place finisher Joe Lyman by almost 2 minutes. Weeks has not lost a Fidelis 6-pack race he has registered and ran in. Weeks posted the fastest ever time for a Fidelis race as well.

Jade, Auchmoody, 14, sprinted through the finish as the fastest female, with 20 minutes, 24 seconds posting.

Joe Rorick, 33, came in as our fastest Borg Warner finisher with a 19 minutes 52 seconds finish. Peggy Eck, Co-Race Director said Borg Warner helps sponsor a separate category during the race series for their employees and family.

Eck said it is important to know that runners can register for any one of the Fidelis 6-Pack races individually, but added those who attend and place for all six runs do get special 6-Pack awards and recognitions at the end of the series.

The Mother's Day Run is a memorial run for Kim Ryan-Leonard, and Don Kline, Executive Director of the Cortland YMCA said that the this years race raised over \$2,000 to benefit the scholarship fund.

Kim passed away from a long battle with cancer in 1995. A \$1,500 scholarship is awarded annually to a senior Cortland High School athlete with the same qualities as Kim.

Kim's mother, Bev Ryan, said she is amazed every year to see so many people running in memory of her daughter and is proud the Mother's Day Run can help keep the memory of Kim alive.

Sponsors for this year's Fidelis 6 Pack include: Fidelis Care, BorgWarner, Contento's Demolition, Cortland Regional Medical Center, Cortland Regional Sports Council, DLH Properties, Graph-Tex, Janke Family Chiropractic, Plan First Technologies, and Royal Motors and Z-95.5 Ithaca's Hit Music Channel.

Special thanks to Mother's Day Race sponsors: Cortland Produce, Cortland Greenhouse, Cortland Granite Works, Gators, Mark Leonard Home Improvement, Off The Record DJ Service, Varsity Liquors and Zerillo's.

Results of the Mother's Day 5K can be viewed online at [www.cortlandymca.org](http://www.cortlandymca.org)

Remaining races this year include(times are different):

- Sunday, June 19, Father's Day Run at Lime Hollow Nature Center, 8 a.m.,
- Sunday, July 17, Cortland Chiro 5K, 8 a.m.
- Sunday, August 28, Celtic Run, 8 a.m.
- Saturday, October 1, Pumpkin Run, 9 a.m.
- Thursday, November 24, Turkey Trot. 9 a.m.

For more information, please contact the Cortland County Family YMCA at 607-756-2893, or visit us online at [www.cortlandymca.org](http://www.cortlandymca.org)

The Cortland County Family YMCA has been proudly serving Cortland and the surrounding community for the past 143. years.

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