

2018 Valentines Invitational Final Schedule

SATURDAY Feb. 17^h

Session 1 Level 3 & Bronze (59)

Registration Begins: 11:00
Stretch/Bar Sets: 11:15-11:30
Timed Warm-up: 11:30-12:10
March in/Compete 12:15

Session 2 Level 4,5 & Silver (57)

Registration Begins: 2:30
Stretch/Bar Sets: 2:45-3:00
Warm-up 1st event: 3:00- 3:15
March in/Compete 3:20

SUNDAY Feb. 18th

Session 3 Level 1 & 2 (51)

Registration Begins: 9:00
Stretch/Bar Sets: 9:15-9:30
Timed Warm-up: 9:30-10:10
March in/Compete 10:15

Session 4 Level 6 – 9 & Gold (46)

Registration Begins: 12:30
Stretch/Bar Sets: 12:45 - 1:00
Warm-up 1st event: 1:00 -1:15
March in/Compete 1:20

***Registration will be downstairs and will begin at the times above.**

*** YOU WILL NOT BE ALLOWED UPSTAIRS DUE TO FIRE CODE**

UNTIL THE PREVIOUS SESSION IS OUT OF THE GYM

***All Gymnasts must wear Competition Leo only or full Warm-up for Awards**

***All Award Ceremonies will be held On the Small Turf following each competition**

AWARDS:

LEVEL 2, 3, BRONZE, AND SILVER WILL BE AWARD ALL EVENTS AND ALL AROUND

LEVEL 4-9 AND GOLD WILL BE AWARD 51% OF EVENTS AND EVERYONE RECEIVES ALL AROUND AWARDS

Admissions: \$3.00/person

\$10/Family of 4

4yrs and under Free



**CORTLAND YMCA Gymnastics
JM McDonald Sports Complex
4292 Fairgrounds Dr.
Cortland, 13045**

Directions:

The Sports Complex is located at the end of Carroll Street off of Homer Avenue (Route 11).

Directions from I-81 heading south or north:

- get off at exit 12
- turn slight right onto US-11 / NY-41 / NY-90
- after approx. 1 mile, turn right onto Carroll Street, the Sports Complex will be on your right.

Directions from NY-281 heading north:

- turn right onto Fisher Avenue (approx. 2.9 miles after NY-13 and NY-281 split at the A&W)
- take first right onto Fairground Drive, the Sports Complex will be on your left.

Directions from NY-281 heading south:

- turn left onto Fisher Avenue (approx. 1.2 miles after intersection with NY-90)
- take first right onto Fairground Drive, the Sports Complex will be on your left.

Places to Stay:

Ramanda: (Formally Holiday Inn) Rt. 81 Exit 11	2 River St. Cortland	607.756.4431
Hampton Inn:	26 River St. Cortland Rt. 81 Exit 11	607.662.0007
Country Inn & Suites	3707 Rte. 281 Cortland Rt. 81 Exit12 towards SUNY Cortland	607.753.8300
Comfort Inn	2 ½ Locust Ave. Cortland Rt. 81 Exit 11	607.753.7721
Holiday Inn Express	4 1/2 Locust Ave, Cortland Rt. 81 Exit 11	607. 299.0099

