

YMCA POOL SCHEDULE

Effective Monday August 5th–Monday August 19th

	MON	TUES	WED	THURS	FRI	SAT	SUN	
5:00	YMCA OPENS AT 5:30 am					YMCA OPENS AT 6AM	YMCA OPENS AT 8 AM	5:00
5:30	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM			LAP SWIM
6:00						6:00		
6:30						6:30		
7:00						7:00		
7:30						7:30		
8:00						8:00		
8:30						8:30		
9:00						Laps & Deep Water		
9:30	9:30							
10:00	Water Aerobics	Laps & Aqua Physique	Water Aerobics	Laps & Aqua Physique	Water Aerobics	OPEN SWIM	10:00	
10:30	10:30							
11:00	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	OPEN SWIM	11:00	
11:30							11:30	
12:00							12:00	
12:30	SUMMER CAMP	SUMMER CAMP	SUMMER CAMP	SUMMER CAMP	SUMMER CAMP	Y closes at 1 pm	12:30	
1:00	1:00							
1:30	OPEN SWIM	CLOSED	CLOSED	CLOSED	OPEN SWIM		1:30	
2:00							2:00	
2:30	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM		2:30	
3:00							3:00	
3:30							3:30	
4:00	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS	MASTERS SWIM	AQUA AMP 5:30 – 6:30		Y Closes at 4 pm	4:00
4:30	4:30							
5:00	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM		YMCA POOL RULES 1. Proper swim attire required 2. Walk on pool deck 3. Shower before swimming 4. NO HORSEPLAY 5. Children 5 and under must have an adult in the water 6. Children 8 and under must be supervised by an adult 7. Non-swimmers must have an adult in the water 8. NO INFLATABLE FLOATIES	5:00
5:30						5:30		
6:00						6:00		
6:30						6:30		
7:00						7:00		
7:30	7:30							
8:00	Y Closes at 8:30PM						9:00	
The McDonald Pool closes 30 minutes before YMCA closes								



LAP SWIM: Lanes 2, 3, 4 for Laps.
 OPEN SWIM: 3 lanes for open swim, 1 lane for lap swim.

Laps & Deep Water: 2 lanes for lap swim, 2 lanes for deep water
 Laps & Aqua Physique: 2 lanes for lap swim, 2 lanes for aqua physique

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