



Keep Our Y Safe

To keep our members and staff safe, we request that all members read, understand, and follow these important safety rules. Members who are unwilling to follow these guidelines will be asked to leave and may temporarily lose YMCA membership privileges.

- Stay home if you are feeling sick.**
- Cover your nose and mouth with an acceptable mask at all times. Bandanas, gaiters, buffs, and masks with valves are not allowed.**
- Quarantine if you have recently been in a state with significant community transmission of COVID-19.**
- Properly store, clean, and, when necessary, discard PPE.**
- Keep at least 6 feet of distance between you and other Y members and staff.**
- Report symptoms of COVID-19, and get tested if required.**
- Wash and/or sanitize your hands before and after your workout and after touching any high-use surfaces.**
- Follow appropriate respiratory and cough etiquette.**
- Wipe down equipment with disinfectant and a microfiber cloth before and after use.**
- Circuit training is prohibited, as it does not allow for adequate cleaning and sanitizing between equipment uses.**
- No socializing or loitering in the lobby or locker rooms.**
- Bring a water bottle; our water fountains will not be available, but the water bottle filling station is open.**
- Wait outside if there is someone already checking in at the front desk to help maintain social distancing requirements.**