

CORTLAND YMCA GYM SCHEDULE

effective 06/23/2021

TIME	MON	TUE	WED	THU	FRI	SAT	SUN		
5:30	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Y opens at 8	YMCA Closed		
6:00									
6:30									
7:00									
7:30									
8:00									
8:30									
9:00								Chair Yoga	Chair Yoga
9:30								Open Gym	Open Gym
10:00									
10:30									
11:00	Summer Camp					Open Gym	YMCA Closed		
11:30									
12:00	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	YMCA CLOSSES AT 1	YMCA Closed		
12:30									
1:00									
1:30									
2:00									
2:30									
3:00									
3:30	Summer Camp								
4:00									
4:30									
5:00	Closed for Program 6/28-8/16	Yoga	Open Gym	Open Gym	Open Gym	YMCA CLOSSES AT 1	YMCA Closed		
5:30									
6:00		Open Gym							
6:30									
7:00	Y Closes at 7:00 PM					YMCA CLOSSES AT 1	YMCA Closed		
7:30									
8:00									
8:30									
9:00									
9:30									

YMC.



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